



All Saints Catholic College

Love • Serve • Learn



LOVE



SERVICE



FAITH



COURAGE



RESPECT

# Welcome



**Mission Statement:** *At All Saints Catholic College, our mission is to put Christ at the centre of our community. In loving and serving God and one another, we encourage everyone to flourish through learning.*



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# Lourdes: Leeds Diocesan Youth Pilgrimage 2025

## 3<sup>rd</sup> – 11<sup>th</sup> July 2025



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## Packing in Large Bag or Case

### Clothing

Enough underwear and socks for 9 days  
Pyjamas / sleepwear  
Leeds Youth Yellow T-shirts and hoodie  
Jeans / trousers or Cropped trousers or Combat trousers/ shorts & skirts **MUST** be knee length  
Extra jumper / jacket  
Hat for sun protection - this is a **MUST!**

### NOT ALLOWED

**Vest tops, mini skirts or short shorts, leggings or ripped jeans**

### Footwear

Trainers or Light walking shoes / boots or Tie on / lace up pumps

### NOT ALLOWED

**Flip flops, Heels, Sandals, Slip on shoes/pumps**

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### Toiletries

Shampoo/ Conditioner  
Soap  
Shower gel / body wash  
Toothbrush and Toothpaste  
Deodorant  
Hairbrush / Hair dryer  
Sun cream – bring lots!  
Towel

Travel washing powder/liquid for clothing

*Note: These items should be in a soap bag / plastic bag.*

### Medication [Prescribed, Travel sickness, Other]

Medication should be in the original packaging in a sealed plastic bag with the student's name on and given to staff with forms completed prior to travel. Medication will be with the students for the customs check. Staff will have paracetamol/antihistamine and record of permissions.

**Extras:** Adapter plug, power bank and cable. **refill plastic bottle**, plasters in case of sore feet!

**Alter servers:** Diocesan masses- you can bring robes



## Packing for the coach

- ✓ A travel bag for on the coach
- ✓ A pillow for a little extra comfort on the journey.
- ✓ Packed lunch - Food for the journey - sandwich, snacks, drinks etc.
- ✓ Passport and Health Card (handed in to school already!)
- ✓ A watch (to know when to meet staff)
- ✓ Bag for personal items
- ✓ Wash bag with mini toiletries e.g. toothbrush / wipes
- ✓ Comfortable clothing (PJ's, Tracksuit) – wear layers as it gets cold under the air-con on the coach.
- ✓ Travel sickness tablets
- ✓ Money for the ferry journey to buy a hot meal/ breakfast in France (Euros and Sterling)

In Lourdes you will need to use a small bag (provided) for key items. This will have inside it **EVERYWHERE** you go:

The daily timetable \*given out in Lourdes

The song booklet

The prayer booklet

A bottle for water/refill

Some money

Hat

Poncho (provided)

Sun cream!

**Pupils will not need a lot of money as food will be provided by the hotel, however they may wish to buy souvenirs or a picture of the Diocese/school group which will cost between 10-15 euros.**

## PLEASE NOTE

Luggage is to consist of **one** suitcase/travel bag and as **little hand luggage as possible – just one small rucksack.**

**There is no access** to stored luggage during the journey.

Musical instruments, which are extra to your luggage, must also be clearly labelled and displayed.

**PASSPORTS AND MEDICAL CARDS MUST BE CARRIED INSIDE THE COACH BY THE GROUP LEADER.**

Please provide sufficient packed meals and drinks for the outward journey and a little English money and Euros, if you wish to buy food on the ferry or the service areas.



## Other Valuables

Items such as expensive mobile phones, hair straighteners, digital cameras are permitted on the trip. However, they are items that are at high risk of being stolen or lost. If you son/daughter is bringing such items, it is for them to accept **full responsibility** for them throughout the pilgrimage. Cameras can be used with respect.



## Lourdes Dress Code

There are two levels of dress code to keep in mind in Lourdes; the requirements of the Sanctuaries and the requirements of the Diocese. At all times within the Domain, pilgrims are required to dress respectfully, particularly making sure that shoulders are covered, and that shorts/skirts are at least knee-length (this is common 'church etiquette' across most European countries; this also includes not wearing clothes that are too tight/ clingy and revealing).

In addition, the Youth Section of the Diocesan pilgrimage requires that yellows are worn at all times whilst in Lourdes, along with lanyards. This is so that staff and students are easy to identify as part of our group.

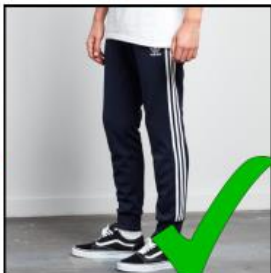
The following are some examples of appropriate and non-appropriate Lourdes clothing:



Knee-length Shorts



Knee-length Skirt



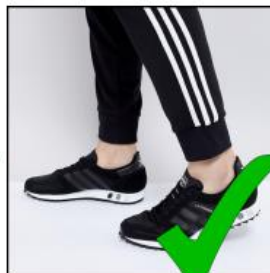
Joggers



Trousers



Jeans



Closed-toe Shoes

**Those who do not comply with the dress code will be given yellow material to wrap around their legs.**

the knee

the knee

Sports Leggings) with or without top over

above the knee



## Mobile phones

Mobiles must be off on the coach **over night** to ensure all pupils' sleep and are well rested after a long day of travel.

Access to mobile phones is **before Morning Prayer 8am** and after evening meal (**mobiles seen during services or when working with sick pilgrims will be confiscated and kept by staff for the duration of that day**). Students are expected to abide by the rules around social media as in school.

If your son/daughter is bringing such items it is for them to accept **full responsibility** for them throughout the pilgrimage.

Cameras can be used with respect.

**Message from the Diocese:** *anyone who wishes to serve during Lourdes needs to bring their liturgical clothing with them.*



## Medication: see Mrs Sharkey if there have been any changes with regards to medication.

Additionally, if you require a member of staff to **administer any medications** e.g. for pain killers or hay fever. Please let Mrs Rhys-Hill know to complete an administration record. *Staff will need to know clearly the dose and time of administration.* Students should not self-administer medication and must inform a member of staff if they need to take medication.

Please ensure the medication is in date, especially inhalers. It should be in the original packaging and in the child's name. Please make sure that your child has enough medication to last for the whole of the pilgrimage (from Thursday to the following Friday inclusive).





# Hotel Food

Please be aware that the food provided by the hotel will be the local French cuisine and may be something that pupils are not expecting e.g. pate, salads, fish dishes etc.

They do serve toast, lunch time soups, chicken, chips, spaghetti, tomato salads and puddings or yoghurts.

You have already identified if your child has any dietary requirements which the hotel will accommodate but if you are aware that your child is 'a fussy eater' (!) then we are suggesting that you pack a few of their favourite food/snack items to eat as well. There is access to a shop and supermarket that they can go to with a member of staff.



## Departure:

We will **depart from All Saints at XXXXam Thursday 3rd July** (meeting in the chapel from am). We ask that you arrive by XXXXam at the latest to allow for loading the luggage on to the coach. If you wish to come into college on this day to see pupils depart, you can. After travelling on the coach and ferry we will arrive in Lourdes on **Friday 4th July**. A text message will be sent to all parents to confirm a safe arrival of all.

We will depart from Lourdes on Thursday 10<sup>th</sup> July and arrive back at All Saints **any time between 1.30pm and 3.00 on Friday 11<sup>th</sup> July**. We will contact the college to provide a more specific arrival time to notify parents for pick up time.

## Identifying All Saints / Uniform

**Pupils will bring yellow hoodie to travel in for safety and identification on the ferry at rest stops.** We recommend they travel in comfortable clothing. The yellow t-shirts can be packed.



## Hotel information TBC

We will be staying at **Hotel Alba**, 27 Av du Paradis, 65100 Lourdes, France, +33 5 62 42 70 70

### Safety

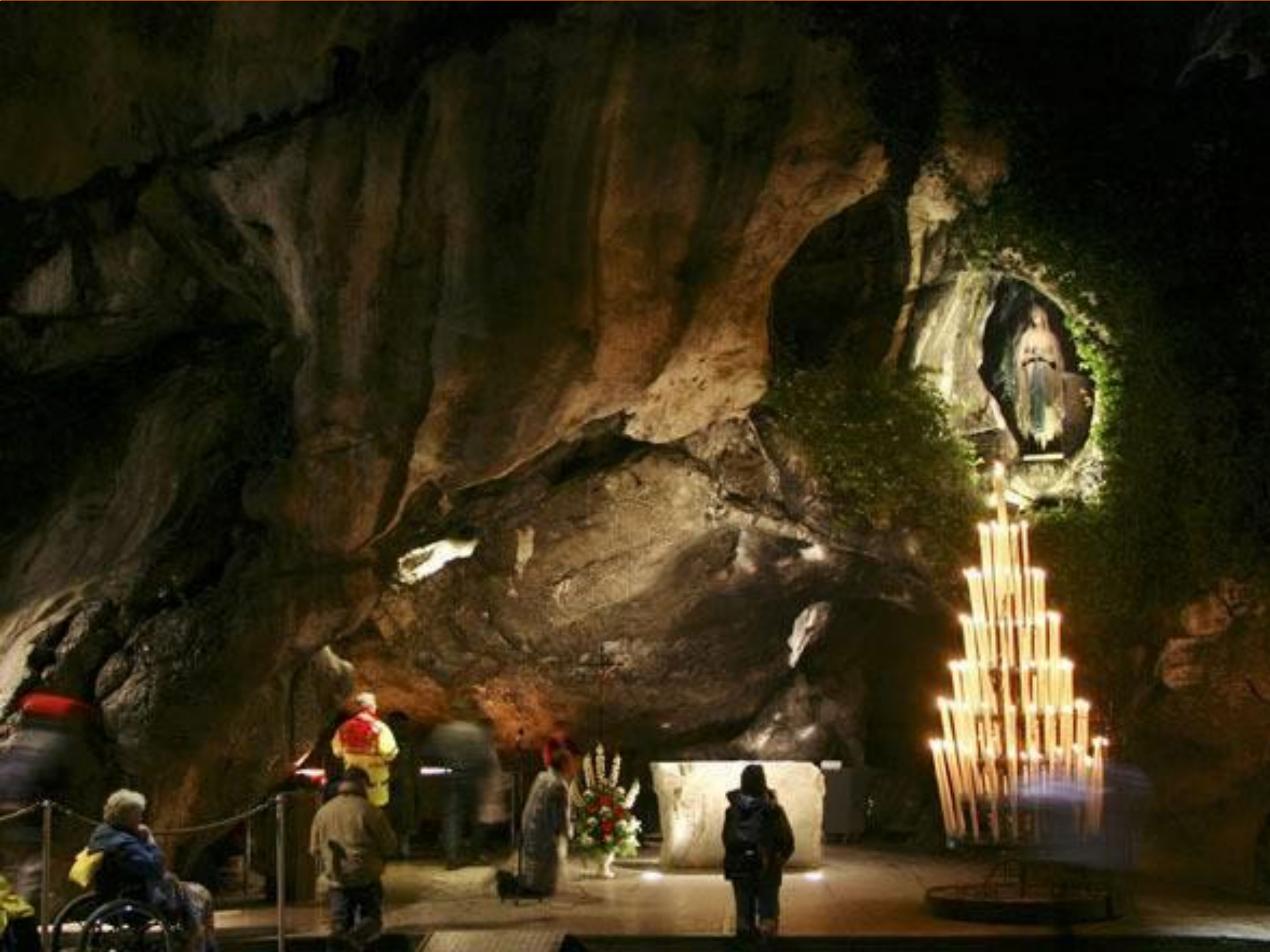
As a precautionary step, the Leeds Diocese provide all the youth on pilgrimage with a 'panic' lanyard which has to be worn at all times on the pilgrimage, once in Lourdes.

The lanyard has the hotel and a translation into French to help our students be located if they cannot find the group or the hotel.

Please do not contact your child directly in the case of an emergency – **please contact Mr Carragher** [scarragher@aschc.com] who will seek advice from the Principal regarding the emergency.

**We will also be asking you to give details tonight of your child's mobile phone number so that if there is an emergency we can quickly make contact with them whilst in Lourdes.**

**This information will be destroyed once we arrive back into school on the 14<sup>TH</sup> July.**





## Key Dates:

- Pre-departure day : Friday 19th June 2025**
- Lourdes Wheelchair Training: Monday 24<sup>th</sup> June  
P5**
- Lourdes: Leeds Diocesan Youth Pilgrimage 2025 :  
3<sup>rd</sup> – 11<sup>th</sup> July 2025**
- All Saints: Reunion Day : 11th September 2025**



# GHIC cards & Passports

Please ensure you hand in your card where we will take them to Finance where they are being kept in the safe.



Please bring your passport to college by **Thursday 26<sup>th</sup> June.**



## Behaviour contract: thank you for completing this

- Listen very carefully to any instructions given by a member of staff.
- Follow an instruction first time given and to answer back to staff members.
- Treat people with respect at all times, including all staff members & pupils from All Saints Catholic College and from other schools from the Diocese. As well as pilgrims and members of the local community.
- Act in a responsible manner at all times, including listening to instructions given on the journey e.g. allowing people on the coach journey to and from Lourdes to sleep during the night. As well as acting in a responsible manner at service stations as well as on the ferry journey (this will include staying inside and not to go out on deck).
- Not undertake any unplanned activity, which endangers themselves or others. To act in a mature and responsible manner at all times.
- Not to go into Lourdes town centre alone. You must be in **groups of 3 or more at all times.**
- Attend, on time, every school group meeting. To be engaged, listening and partaking in any activities that are provided by the Leeds Diocese.
- Standards of dress must be appropriate to the activity and occasion. Specific guidelines on clothing and the standard of dress required for a particular trip have been issued by the organiser. **Lourdes: Yellow tops at all times. Footwear should be comfortable; Trainers, pumps or flat boots. Pupils will not be allowed to work with pilgrims in open toe shoes / footwear including flip flops or slip on shoes are also prohibited. Shorts & skirts must be knee length, no jeans with rips and no leggings to be worn. Pupils who have been deemed by the Diocese to be breaking the dress code will be given yellow material to wear around themselves.**
- Participation at **every meal is expected.** Pupils will not be allowed to leave if they have not been seen to partake in eating their breakfast, lunch and dinner.
- When staying in shared accommodation, including hotels, pupils must show consideration for other guests and must observe the rules laid down by staff. **Lourdes: Lights out between 10.30 and 10.45pm**
- The member of staff in charge of the visit must be aware of the students' whereabouts at all times (Miss M. Durkin).
- Not to bring any alcohol on the trip, consume alcohol or attempt to purchase alcohol for themselves or others; and
- Not attempt to purchase for themselves or others, any illicit item or substance which would, under English legislation, be illegal.
- Behaviour must always reflect the high standards demanded at All Saints.

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# What you need to do tonight:

1. Complete the Microsoft form with the requested details.
2. Email the office (FAO Mrs Sharkey) with any medical updates.
3. If you need a member of staff to administer medication, please complete the form.
4. Any questions please see any member of staff.

Please don't hesitate to ask any member of staff questions you might have.





# Pre-Departure Day

- Full school uniform
- Edulink sign up
- Lunch & water
- Sun cream and sun hat
- Musicians & servers see Mrs Rhys-Hill
- Meet in the Chapel on arrival in school



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**Any questions??**

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