

# 2025 Lourdes Final Information Pack

**In case of emergency and general contact please be aware Mrs Sharkey's line of contact is Mr Carragher**

**College Contact:**

**01484 426466**

**[scarragher@aschc.com](mailto:scarragher@aschc.com)**

**Staff:**

Staff who are travelling with your child and will have a duty of care during the pilgrimage are Mrs Sharkey (Trip Lead), Mrs Rhys-Hill, Mrs Keegan and Mr Power.

# ABSOLUTE NECESSITIES

- 1. Passport**
- 2. Yellow T-Shirts & Hoodies (given on morning)**
- 3. Money (English and Euros)**
- 4. GHIC card – Health Care**

## Packing in Large Bag or Case

### Clothing

Enough underwear and socks for 9 days

Pyjamas / sleepwear

Leeds Youth Yellow T-shirts and hoodie

Jeans / trousers or Cropped trousers or Combat trousers/  
shorts & skirts **MUST** be knee length

Extra jumper / jacket

Hat for sun protection- this is a must!



Knee-length Shorts



Knee-length Skirt



Joggers



Trousers



Jeans



Shorts above  
the knee



Skirts above  
the knee



Leggings



Leggings with  
top over



Jeans with rips  
above the knee

## **NOT ALLOWED**

Vest tops, Mini skirts or short shorts, leggings or ripped jeans

## **Footwear**

Trainers or Light walking shoes / boots or Tie on / lace up pumps

## **NOT ALLOWED**

Flip flops, Heels, Sandals, Slip on shoes/pumps

## **Toiletries**

Shampoo/ Conditioner

Soap

Shower gel / body wash

Toothbrush and Toothpaste

Deodorant

Hairbrush / Hair dryer

Sun cream – lots!

Towel

Travel washing powder/liquid for clothing

***Note: These items should be in a soap bag / plastic bag.***

**Extras: Adapter plug, powerbank and cable, refillable plastic bottle, plasters in case of sore feet!**

## **Packing for the coach**

- ✓ A travel bag for on the coach
- ✓ A pillow for a little extra comfort on the journey.

- ✓ Packed lunch - Food for the journey - sandwich, snacks, drinks etc.
- ✓ Passport and Health Card (handed in to school by 26/06/25)
- ✓ A watch (to know when to meet staff)
- ✓ Bag for personal items
- ✓ Wash bag with mini toiletries e.g. toothbrush / wipes
- ✓ Comfortable clothing (PJ's, Tracksuit) – wear layers as it gets cold under the Air-con on the coach
- ✓ Travel sickness tablets

Money for the ferry journey to buy a hot meal/ breakfast in France (Euros and Sterling)

Luggage is to consist of **one** suitcase/travel bag of a **medium size** and as **little hand luggage as possible – just one small rucksack**. There is no access to stored luggage during the journey.

Musical instruments, which are extra to your luggage, must also be clearly labelled and displayed.

In Lourdes you will need to use a **small bag (provided)** for key items. This will have inside it EVERYWHERE you go:

- ✓ The daily timetable
- ✓ The song booklet
- ✓ The prayer booklet
- ✓ A bottle for water
- ✓ Some money
- ✓ Hat
- ✓ Poncho (provided)
- ✓ Sun cream!

Pupils will not need a lot of money as food will be provided by the hotel, however they may wish to buy souvenirs or a picture of the Diocese/school group which will cost between 10-15 euros.

### **Other Valuables**

Items such as expensive mobile phones, hair straighteners, digital cameras are permitted on the trip. However, they are items that are at high risk of being stolen or lost. If your son/daughter is bringing such items it is for them to accept full responsibility for them throughout the pilgrimage and to be secured in the room safe at the hotel.

### **Mobile phones**

Mobiles must be off on the coach over night to ensure all pupils' sleep and are well rested after a long day of travel. Access to mobile phones is before Morning Prayer 8am and after evening meal (mobiles seen during services or when working with sick pilgrims will be confiscated and kept by staff for the remainder of the day.) Students are expected to abide by the rules around social media as in school.

### **Medication:**

**MEDICATION in the original packaging must be in a sealed plastic bag with the students' name on and given to staff with forms completed prior to travel. Medication will be with the students for the customs check. Staff will have paracetamol/antihistamine and record of permissions.**

Please see Mrs Sharkey if there have been any changes in health and medication that you have not updated with school. We are asking that everyone completes a EV2 medical form so that we are update to date with any changes that may have occurred.

Additionally, if you require a member of staff to administer any medications e.g. for pain killers or hay fever. Please let Mrs Rhys-Hill know to complete an administration record.

***Staff will need to know clearly the dose and time of administration.*** Students should not self-administer medication and must inform a member of staff. Please complete a consent form for paracetamol for your child – if there are reasons for this not being possible then please speak to Mrs Rhys-Hill.

Please ensure the medication is in date, especially inhalers. It should be in the original packaging and in the child's name if prescribed. Please make sure that your child has enough medication to last for the whole of the pilgrimage (from Thursday to the following Friday inclusive). **Please bring this into school on departure day and hand to Mrs Rhys-Hill.**

### **Travel:**

We will **depart from All Saints Thursday 3rd July** We will provide departure and arrival time nearer the trip date when we have them from the Diocese. If you wish to come to college on this day to see pupils depart you can. After travelling on the coach and ferry we will arrive in Lourdes on Friday 4<sup>th</sup> July. A text message will be sent to all parents to confirm a safe arrival of all.

We will depart from Lourdes on Thursday 10<sup>th</sup> and arrive back at All Saints **in the afternoon on Friday 11<sup>th</sup> July**. We will contact the college to let them know a more specific arrival time to notify parents for pick up time.

### **Identifying All Saints / Uniform**

Pupils will bring yellow **hoody** to travel in for safety and identification on the ferry at rest stops. We recommend they travel in comfortable clothing. The yellow t-shirts can be packed.

### **Hotel details: TBC**

Hotel Alba

27 Av. du Paradis, 65100 Lourdes, France

+33 5 62 42 70 70

### **Safety**

As a precautionary step, the Leeds Diocese provide all the youth on pilgrimage with a 'panic' lanyard which has to be worn at all times on the pilgrimage, once in Lourdes.

The lanyard has the hotel and a translation into French to help our students be located if they cannot find the group or the hotel.

Please do not contact your child directly in the case of an emergency – **please contact Mr Carragher** who will seek advice from the Principal regarding the emergency.

Your child's passport will **photocopied** before departure and will be kept by staff in case a passport is lost or missing. **Please make sure you bring your passport and GHIC to college by Friday 26th June.**

We will also be asking you to give details before 26<sup>th</sup> June of your child's mobile phone number so that if there is an emergency we can quickly make contact with them whilst in Lourdes. This information will be destroyed once we arrive back into school on the 11<sup>TH</sup> July.

## **Behaviour contract**

- Listen very carefully to any instructions given by a member of staff.
- Follow an instruction first time given and to answer back to staff members.
- Treat people with respect at all times, including all staff members & pupils from All Saints Catholic College and from other schools from the Diocese. As well as pilgrims and members of the local community.
- Act in a responsible manner at all times, including listening to instructions given on the journey e.g. allowing people on the coach journey to and from Lourdes to sleep during the night. As well as acting in a responsible manner at service stations as well as on the ferry journey (this will include staying inside and not to go out on deck).
- Not undertake any unplanned activity, which endangers themselves or others. To act in a mature and responsible manner at all times.
- Not to go into Lourdes town centre alone. You must be in **groups of 3 or more at all times.**
- Attend, on time, every school group meeting. To be engaged, listening and partaking in any activities that are provided by the Leeds Diocese.



- Standards of dress must be appropriate to the activity and occasion. Specific guidelines on clothing and the standard of dress required for a particular trip have been issued by the organiser. **Lourdes: Yellow tops at all times. Footwear should be comfortable; Trainers, pumps or flat boots. Pupils will not be allowed to work with pilgrims in open toe shoes / footwear including flip flops or slip on shoes are also prohibited. Shorts & skirts must be knee length, no jeans with rips and no leggings to be worn. Pupils who have been deemed by the Diocese to be breaking the dress code will be given yellow material to wear around themselves.**
- Participation at **every meal is expected**. Pupils will not be allowed to leave if they have not been seen to partake in eating their breakfast, lunch and dinner.
- When staying in shared accommodation, including hotels, pupils must show consideration for other guests and must observe the rules laid down by staff.  
**Lourdes: Lights out between 10.30 and 10.45pm**
- The member of staff in charge of the visit must be aware of the students' whereabouts at all times (Mrs Sharkey).
- Not to bring any alcohol on the trip, consume alcohol or attempt to purchase alcohol for themselves or others; and
- Not attempt to purchase for themselves or others, any illicit item or substance which would, under English legislation, be illegal.
- Behaviour must always reflect the high standards demanded at All Saints.